

MONDAY

The Mum's Group	9.30-11.30	£1.20
Multi Cultural Women's group	12.30-3.00	
Learn Direct IT/Numeracy/Literacy	1.30-4pm	Free
Gardening Group	1.00-3.00	ASK
Karate	6.00-8.00	ASK
Fabric & Thread Group	7.00-9.00	£1.00
Friendship Group	7.00-9.00	ASK
Adult Tap Dancing	7.00-9.00	ASK

TUESDAY

YOGA	10.00-11.30	ASK
Ladies Social Group	1.00-3pm	50p
Cross Stitch	1.20-3.30	50p
Adult School	1.30-3.30	50p
Multi-Cultural Family Support Group	5.15-7.15	
Scottish Dancing/Fortnightly	7.00-9.00	50p
Needlework Group	7.00-9.00	50p
Yoga	7.30-9.00	ASK

WEDNESDAY

The Mum's Group	9.30-11.30	£1.20
SEWA Asian Lunch Club	10.00-2.30	
Asylum Seekers Support Group	1.00-2.30	
Embroidery Group	7.00-9.00	50p

THURSDAY

YOGA	10.00-11.30	ASK
Asian Music Group	5.00-7.00	
Multi-Cultural Young Women's group	5.00-7.00	
Lace Making	7.00-9.00	50p
Beading Group	7.00-9.00	50p

FRIDAY

Bensham Grove Walkers	3 rd Friday	
Carpet Bowls Group	1.30-3.30	£1
Learn Direct/IT/Numeracy/Literacy	9-1pm	Free

SATURDAY

Children's Dancing School	9.00-2.30	ASK
Karate	11.00-1.00	ASK
Teddy Bears Group/Fortnightly	10-3.00	£2.00
Ward Surgery (every 2 nd Sat)	10.00-12.00	

SUNDAY

RCCG Church Group	10.30-2pm	free
The gardening group are always keen to welcome new volunteers - please speak to centre staff.		

A Brief History

Bensham Grove has provided the community with Adult educational opportunities since the 1920's. The centre is a grade 2 listed building and of great historical interest. The centre was handed over to Gateshead Council by the Spence Watson family in 1948 as a centre for Adult Education.

What's on Offer?

The centre offers an expanding adult education programme of courses in a friendly and warm learning environment. We encourage and welcome local community participation and partnership with local agencies. A crèche is provided for some of our courses by the Crèche Mobile Project, please ask for details. Bensham Grove is fully accessible to disabled learners; please ask staff for more information. Bensham Grove is an active equal opportunities centre and no user will be treated less favourably on the grounds of nationality, race, age, marital status, disability, culture, sexual orientation or religion. New members are always welcome.

Yearly membership £2.00, Concessions £1.50

Weekly Subs 50p

Pottery

Bensham Grove Community Learning Centre houses an excellent, purpose built pottery studio. This well equipped facility ensures that a wide variety of making and decoration techniques are possible, under the expert tuition of ceramicists Christine Constant and George Ormrod. With a superb range of both earthen-ware and stoneware glazes, electric wheels and specialists courses available.

POTTERY DIRECT LINE 0191 4336452

COMMUNITY HALL DIRECT LINE 4336454

Bensham's Children's Centre

The Children's Centre is now situated on Liddel Terr as part of Brighton Avenue School. The centre is staffed Monday - Friday, 9am - 5pm, to support families with under 5's. Contact Lesley Collins on 433 6453 for more information.

Bensham Grove Community Learning Centre.

*Adult Education &
Community Activities Programme
April 2012*

**Enrolments 16th / 20th April
10-4 & 6-8pm.**

**Courses start w/b 30th April
2012**

**Sidney Grove
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www.benshamgrove.org.uk



